



NEWS RELEASE

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Bank of America Charitable Foundation Awards Grant for Food Bank's Nutrition Education Program

Gift to Support Program Helping Families Make Smart Choices at Mealtime.

AUSTIN, TX, June 29, 2007 - The Capital Area Food Bank today received a \$2,500 gift from Bank of America Charitable Foundation to support its CHOICES Nutrition Education Program. The funds will be used to purchase food and supplies for the classes, which are taught in both English and Spanish by the Food Bank's Registered Dietician.

"Bank of America's gift supporting CHOICES-A Nutrition Education Program shows they value the idea of providing not just food to hungry Central Texans, but education and guidance regarding mealtime choices," said Michael Guerra, Food Bank Chief Operating Officer. Guerra says that because low-income families are more likely to consume inexpensive foods low in nutritional quality and high in calories, fats and sugars, in turn, they are more likely to develop obesity, diabetes, heart disease and other serious health problems.

CHOICES-A Nutrition Education Program is funded in part by the USDA's Food Stamp Program to help individuals and families make smart choices at mealtime. All classes are free and open to qualified individuals. CHOICES presents the Food Stamp Program as a nutrition program rather than a welfare program, and teaches families how to budget, shop for and cook foods, and how to make the maximum use of the food available to them.

About Capital Area Food Bank of Texas:

The mission of the Capital Area Food Bank of Texas is to nourish hungry people and lead the community in ending hunger. In its 26th year of service, the Food Bank currently provides food and grocery products to 370 Partner Agencies in 21 Central Texas counties. In 2006, CAFB distributed more than 16 million pounds of food. For more information on the Capital Area Food Bank of Texas and its programs, visit www.austinfoodbank.org or call 512-282-2111.

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